

# Visalia Senior Center

Join Us for a Shamrockin' Good Time!

St. Patrick's Day is just around the corner, and we're celebrating at the Visalia Senior Center with a festive St. Patrick's Luncheon! Wear your green and get ready for delicious food, lively conversation, and a whole lot of fun. It's the perfect way to enjoy the holiday with friends old and new. Come for the food, stay for the laughter – we can't wait to see you there!

**SPEED CONNECT**  
IRISH FESTIVAL

LAUGHTER  
FRIENDSHIPS  
MEMORIES  
COMPANIONSHIP  
GOOD VIBES  
FUN

**THURSDAY, MARCH 13TH**  
4:30 - 6:30 PM  
\$15 PER PERSON

VISALIA SENIOR CENTER - 310 N LOCUST STREET

**ST. PATRICK'S LUNCHEON**

**MONDAY MARCH 17TH**

CHECK-IN 10:45 AM  
DINE-IN 12 PM  
TO-GO MEALS 11:30 AM - 12:30 PM

MUST PURCHASE TICKET IN ADVANCE AT THE VISALIA SENIOR CENTER!



2025

**VISALIA SENIOR GAMES**



**MARCH 29TH**

- **TABLE TENNIS - MHCC**
  - SINGLES - 8:30AM - \$25
  - DOUBLES - 11AM - \$25
- **DISC GOLF - SEVEN OAK PARK**
  - 9AM - \$25
- **PICKLEBALL (M & W DOUBLES)**
  - 9AM - PLAZA PARK - \$25
- **TRACK & FIELD**
  - 10AM - MWHS - \$5\*

**MARCH 30TH**

- **PICKLEBALL - PLAZA PARK**
  - MIXED DOUBLES
  - 9AM - \$25
- **SWIMMING**
  - 10:30AM - EDHS - \$5\*
- **ARCHERY - PLAZA PARK**
  - 9:30AM - \$25

\*PER EVENT

**MARCH 27TH**

- **CORN HOLE**
  - 6PM - ACC - \$25

**MARCH 28TH**

- **3 POINT CONTEST**
  - 6PM - ACC - \$10

## WACKY WEDNESDAY

3/5 - MONOCHROMATIC ONE COLOR



3/12 - MISMATCH SHOES



3/19 - YOU'RE IN LUCK! WEAR GREEN



3/26 - EPILEPSY AWARENESS WEAR PURPLE



## Senior Fitness BALANCE & MOBILITY WITH LAURA BAKER



**TUESDAY**  
**MARCH 11TH - 25TH**  
**10:30 - 11:30 AM**  
**MEETING ROOM**  
**PRICE: \$20**

Balance    Mobility    Stretching

# Visalia Senior Center

## WALK A DOG IN THE PARK

Ages: 18+ yrs

Location: Stonebrook Park

Dates: March 6th & 20th

Time: 10 - 10:30 am

Cost: FREE



This program is free, but registration is required, to ensure there are enough furry friends for all. [www.visalia.city](http://www.visalia.city)

\* MARCH \*

BIRTHDAYS!

<p><b>RON S.</b> <b>ELIZABETH B.</b> <b>JUDY C.</b> <b>CHRISTINE A.</b> <b>DENISE D.</b> <b>PATTI K.</b> <b>DARYL T.</b> <b>JOHN C.</b> <b>EVELYN S.</b> <b>OLIVIA H.</b> <b>AIDA B.</b></p>	<p><b>ROSE F.</b> <b>STEVEN S.</b> <b>JOANN K.</b> <b>MANUEL N.</b> <b>LORRAINE J.</b> <b>DAN F.</b> <b>LORI T.</b> <b>JANICE T.</b> <b>MARGIE E.</b> <b>JD G.</b> <b>MAGGIE D.</b></p>
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## free activities

M/F	PINOCHLE	1-4 PM
M/F	TABLE TENNIS	1-4 PM
M-F	CYCLING	ALL DAY*
T	CHAIR VOLLEYBALL	10 AM
W	COFFEE & CONVO	10 AM
W	CONTRACT BRIDGE	12:45 PM
TH	CROCHET AND KNIT	10 AM
TH	TREAT BINGO	10 AM
F	GARDEN CLUB	11 AM
F	TECH HELP	1 PM
F	BUNCO(2ND & 4TH)	1 PM

SENIOR

# PRIZE BINGO

PLAYERS WILL TEST THEIR LUCK AND WIN AMAZING PRIZES. DON'T MISS THE FUN! PLAYERS WILL RECEIVE UP TO 3 CARDS PER GAME.

FRIDAY, MARCH 21ST



CHECK IN 1 PM

STARTS AT 1:30 PM

\$5

DROP-IN FEE

PAY AT THE DOOR

