

# SEAHAWKS

# May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>PRACTICE TIMES:</b> Early – 6:00-7:00 Late – 7:00-8:00	<u>Early Groups</u> 6U, 8U, 10U Boys	<u>Late Groups</u> 10U Girls, 12U, 14U, 18U	1	2	3	4
	6	7	8	9	10	11
12	13 Practice <b>Parent Meeting – 6:30</b>	14 Practice	15 Practice <b>Parent Meeting – 6:30</b>	16 Practice	17 Practice	18
19	20 Practice	21 Practice	22 Practice	23 <b>SEAHAWKS NIGHT</b> Pictures & T-Shirts	24 <b>No Practice</b>	25
26	27 <b>No Practice</b>	29 Practice	29 Practice	30 Practice	31 Practice	
<b>JOIN THE SEAHAWKS REMIND GROUP</b> <b>TEXT @vseahawks to 81010</b>						

## EVENTS

### Parent Meeting

Must attend 1 of 2 meetings. Agenda includes info on meets, suits, calendar, required volunteering. Location will be at GW - South of the pool area

### Seahawks Night

Sign Up for Picture Slot times available the week prior. Take time before or after your pictures to make your team shirt! No practice but come for the team photo at 7pm.

### Mock Meet on June 4

Our chance to practice our starts/stops and relays! This meet is run by PARENT POWER! Be prepared to help out. Run Time: 5:30-9pm

# SEAHAWKS

# June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>PRACTICE TIMES:</b> Early – 6:00-7:00 Late – 7:00-8:00	<u>Early Groups</u> 6U, 8U, 10U Boys	<u>Late Groups</u> 10U Girls, 12U, 14U, 18U				1
2	3 Practice	4 <b>MOCK MEET</b> @ GW	5 Practice	6 <b>Home Meet vs</b> <b>Porterville Neptunites</b>	7 Practice	8
9	10 Practice	11 <b>Away Meet @</b> <b>Dinuba Aqua Emps</b>	12 Practice	13 <b>Home Meet vs</b> <b>Woodlake Tiger Sharks</b>	14 Practice	15
16	17 Practice	18 <b>Away Meet @</b> <b>Kingsburg Seawolves</b>	19 Practice	20 <b>No Practice</b>	21 Practice	22 <b>Visalia Tri-Meet</b> @Mt Whitney
23	24 Practice	25 <b>Away Meet @</b> <b>Sanger Seals</b>	26 Practice	27 <b>Away Meet @</b> <b>Lindsay Skimmers</b>	28 Practice	29
30						

## EVENTS

### Away Meets

Join @vseahawks on the Remind App for up to date info on location, directions/warm up times and volunteer openings. These meets run on PARENT POWER from both teams!

### Vi-Tri Meet

Hosted by the Visalia Buccaneers at Mt Whitney HS. Meet length is approx 8am-3pm

### Home Meets

Each home meet gives our team a chance to run a Snack Bar; 50/50 raffle & Parent vs Coaches Relay! They're a lot of fun but it takes all of us to run them successfully!

# SEAHAWKS

# July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Practice	2 <i>Home Meet vs Fowler Sea Dragons</i>	3 Practice	4 <b>No Practice</b>	5 <b>No Practice</b>	6
7	8 Practice	9 <b>TEAM PARTY!</b>	10 Practice	11 Practice	12 Practice Time Trials Set UP	13 <b>Time Trials Hosted by Waves @ GW</b>
14	15 Practice	16 Practice	17 Practice	18 Practice	19 Practice <b>Parent Meeting</b>	20 <b>CVRSL FINALS Hosted by Seahawks @ GW</b>
21	22	23	24	25	26	27
28	29 Ribbon Collection *Location TBD 6-8pm	30	31			

## EVENTS

### TEAM PARTY!

Potluck style Eat & Swim  
Team Awards  
6:15-8:15pm at GW

### Time Trials & FINALS

For those who qualify during the season. Meet length is approx 7am-3pm

### Parent Meeting 6:30pm

Review duties for hosting Valley Finals! Remember...every meet is run on PARENT POWER! Sign Ups will happen @ our Team Party